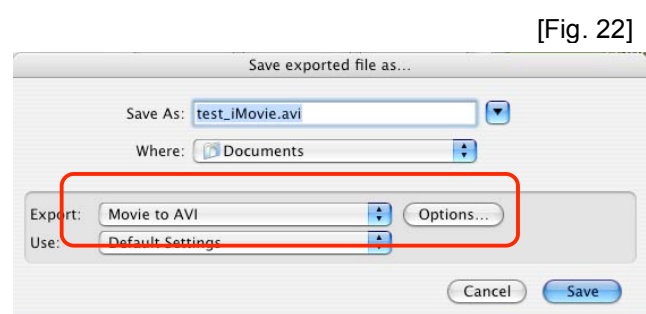
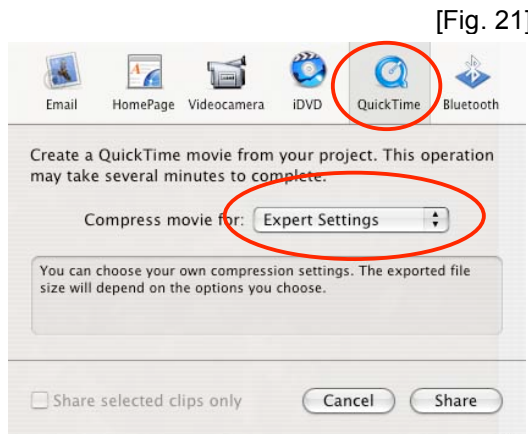
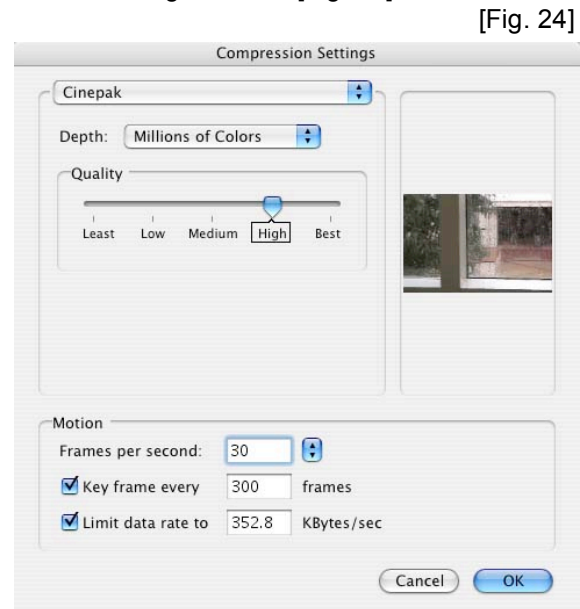
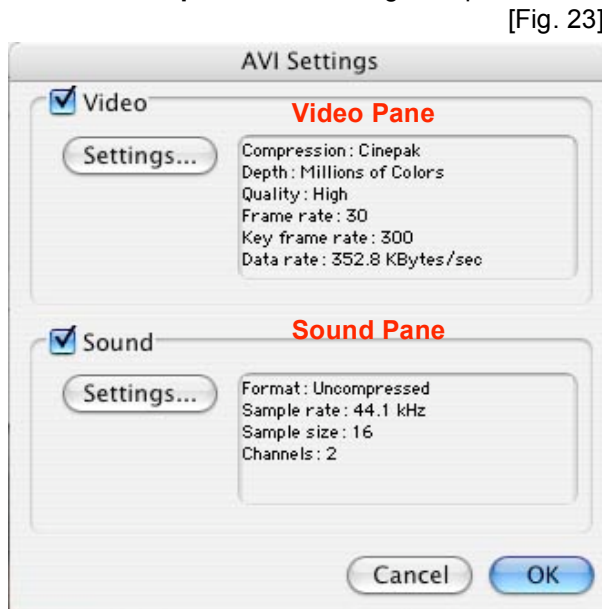


Saving your clip to import to PowerPoint slides

- 1) Choose File > Share.
- 2) Click **QuickTime** and choose **Expert Settings** from the pop-up menu [Fig. 21].
- 3) Click Share.
- 4) Choose **Movie to AVI** from the pop-up menu and click **Options** [Fig. 22].



- 5) In the **Video pane**, click Settings to open the Compression Settings window [Fig. 23].



- 6) Choose **Cinepak** from the pop-up menu [Fig. 24].
- 7) In the Depth pane, choose **Millions of Colors**.
- 8) In the Quality pane, choose **High**.
- 9) In the Motion pane, enter the following settings.
 - Frames per second: **30**
 - Key frame every **300** frames
 - Limit data rate to **400** kBytes/sec.

- 10) Click OK to return to the Movie Settings window.
- 11) In the Sound pane (Fig. 23), click Settings.
- 12) Choose **None** in the Compressor pop-up menu and enter the following settings and click OK to return to the Movie Settings window [Fig. 25].

Rate: **44.100** kHz
Size: **16 bit**
Use: **Stereo**

- 13) Click OK and Save to start exporting.

[Fig. 25]

